



Ingredients

Rye flour, wheat flour, water, yeast, salt, sugar, malt.

Allergens

gluten

Nutritional value (100g)

Energy value	243,00 Kcal
Fat	1,06 g
Of which saturates	0,13 g
Carbohydrate	51,23 g
Of which sugars	2,27 g
Fiber	7,29 g
Protein	7,10 g
Salt	0,32 g