



Ingredients

Baltic herring (fish), cleaned, head on (Clumpea harengus membras), salt.

Allergens

Nutritional value (1 serving (56g))

Energy value	60,00 Kcal
Fat	6,00 g
Of which saturates	2,00g
Carbohydrate	0,00 g
Of which sugars	0,00g
Fiber	0,00 g
Protein	10,00 g
Salt	1210,00 mg