



Ingredients

Atlantis herring (fish) cleaned, head on (*Clupea harengus harengus*), salt.

Allergens

Nutritional value (1 serving (56g))

Energy value	90,00 Kcal
Fat	6,00 g
Of which saturates	2,00 g
Carbohydrate	0,00 g
Of which sugars	0,00 g
Fiber	0,00 g
Protein	9,00 g
Salt	650,00 mg