



Ingredients

RYE flour 40,1%, WHEAT flour, water, sunflower seeds (8,7%), sugar, linseed 5%,pumpkin seed 4,1%, rapeseed oil, yeast, salt, bread improver (apple fiber, WHEAT fiber, psyllium fiber, enzymes), coating mixture (maltodextrin, dextrose, potato starch), bread improver (WHEAT flour, enzymes), white RYE malt 0,5%, cumin, BARLEY malt extract (BARLEY malt, water).

Allergens

milk, eggs, celery, lupine, mustard, sesame seeds

Nutritional value (100g)

Energy value	360,00 Kcal
Fat	10,6 g
Of which saturates	1,3 g
Carbohydrate	53,3 g
Of which sugars	5,3 g
Fiber	3,6 g
Protein	11,1 g
Salt	1,0 g