



## Ingredients

**RYE flour, WHEAT flour, water, sugar, bread improvers (gelling agent: E466; dextrose, WHEAT malt flour, maltodextrin, emulsifiers: E472e, SOY lecithin; acidity regulators: E450, E341; WHEY powder, pre-gelatinised WHEAT flour, WHEAT sourdough, BARLEY malt extract, rapeseed oil, potato starch, antioxidant: E300; enzymes), yeast, salt, white RYE malt, caraway, dry sourdough (pre-gelatinized WHEAT flour, acidity regulators: citric acid, lactic acid; sequestrant: calcium sulphate; rapeseed oil, emulsifier: mono- and diglycerides of fatty acids), bread improvers (emulsifier: E472e; malted flour, enzymes, flour treatment agents: E300, E341).**

## Allergens

gluten, milk, soybeans,

### Nutritional value (100g)

Energy value	231,00 Kcal
Fat	1,4 g
Of which saturates	0,1 g
Carbohydrate	46,4 g
Of which sugars	5,7 g
Fiber	4,6 g
Protein	5,7 g
Salt	1,2 g